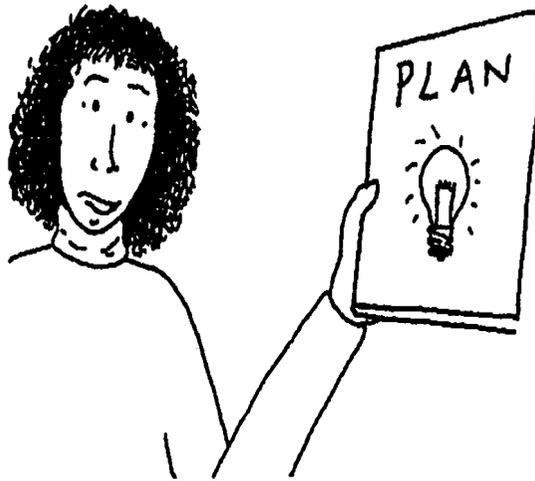


**Proposals  
for a  
North Yorkshire Health and Well-being Board.**



**Helping to Improve the  
Health and Well-Being  
of people  
in North Yorkshire.**

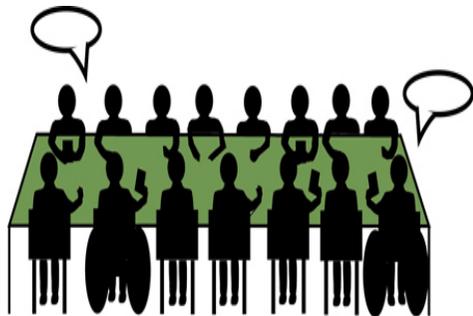


This document tells us about health and well-being in North Yorkshire.

It tells us that more could be done to keep people healthier and feeling good about themselves and where they live.

Everyone can play a part.

Making 'North Yorkshire' a better place to live requires us to work better together. It also means we have to have a plan going forward.



A new committee called North Yorkshire's Health and Well-being Board is proposed to help lead this challenging agenda.

Many of the existing groups can work in partnership in a health and well-being network to help make a difference.

## **This paper asks for your views on these proposals.**



Part of Government called the Department of Health has the job of helping people keep healthy and well. But we too have a role in keeping ourselves healthy and well and in helping others do the same.

What has been done across the country so far?

The Department of Health tries to stop people getting ill and helps people live longer.

Over the years Government have done lots to help with things like having clean water, good food and injections to stop catching some diseases.

So now, people living in England are healthier and live longer than ever before.





## So what is the problem?

There are still problems that mean people get ill and die before they need to. In some part of our County people live longer than in other parts of the county. Some people are not feeling good about their lives. There is not a sense of 'well-being'.

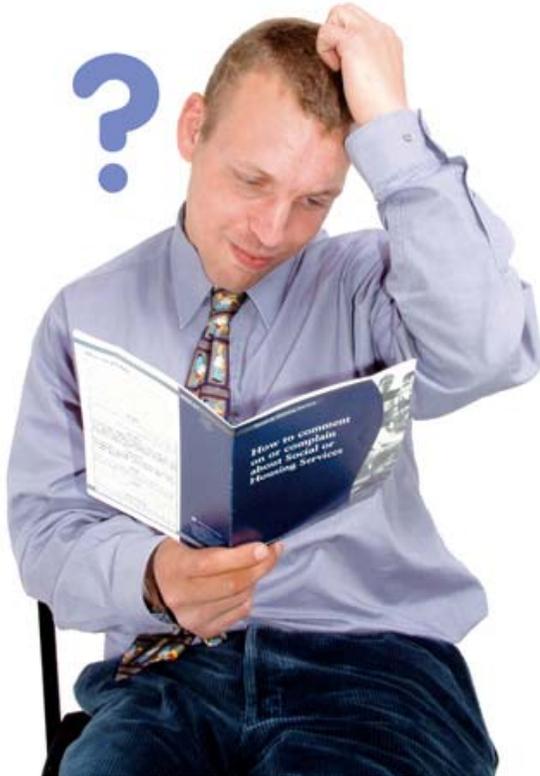
Some of the main reasons people get ill and die early are smoking, drinking, not doing enough exercise and eating the wrong things like fatty foods. Doing these things means more people get heart disease, fat or feel so sad they need help. It means people are more ill and do not live as long as they could and it costs the health services lots more money to look after them. Some people feel where they live is not as good as it should be or maybe not as safe as they would like. Some other people feel they could be more independent and do more things if either their house was different or they had better support.



In our County we want people to be healthier and have a sense of well-being.

## So what can we do to change things?

We know people could be healthier. A lot of the reasons are about how we live our lives.



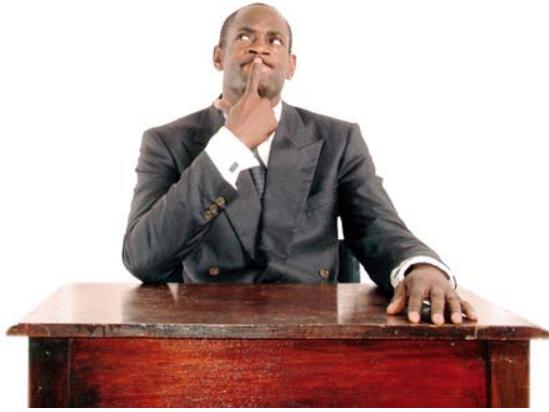
We know:

- Rich people live longer than poor people.
- Rich people are healthier than poor people.

So

- Having a job helps.
- Having more money helps.
- Being lonely is not good for you.
- Being treated badly or unfairly is not good for you.
- In the past we have spent a lot of time and money treating ill people.
- Playing a part in your community helps people feel good about themselves
- Feeling safe in your community also helps.

What we need to do better is to help them keep healthy and well in the first place and help people to work together to make our communities and our county a good place to live.



## Who should do what?

It is everyone's job to keep as healthy as possible. We cannot force people to live healthy lives. But we can do lots to help.

The Government's job across the country is to make sure we have really good health services and we are ready for any emergencies like big outbreaks of flu. It also addresses such things as benefits and pensions and the state of the economy.

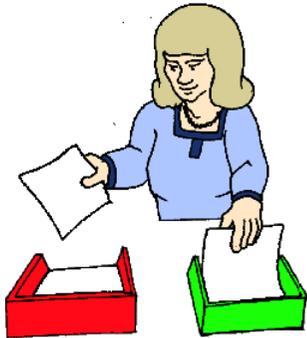


The local councils in North Yorkshire and their partners working with government should try and address areas which make a difference locally.

## Making a Difference In Areas like:



- Housing



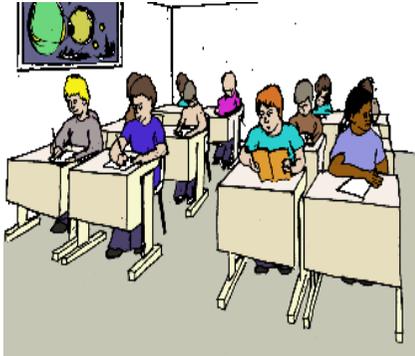
- Jobs



- Transport



- Environment



- Education



- Community Safety



- Getting the balance right in what we spend in treating illness and what we spend keeping people healthy and well in the first place.



- Local people working together can help people make healthier choices and local councils are very important in helping make this happen.



- Meanwhile Government said it will ask food and drink businesses to do their part by helping people eat healthier and drink less.

## So what's changing?



In 2012 Government will set up a new service called **Public Health England**. It will be a part of the Department of Health.

**Public Health England** will do the jobs that need doing at a national level.

**NYCC and Partners** are being asked to look after the health and well-being of people in our area. So from 2013, Councils like North Yorkshire will be helping people keep healthier in their areas.



The Council through a new committee called **North Yorkshire's Health and Well-being Board** (NYH&WBB) will work with the health services, local people, voluntary organisations and businesses and forums and boards representing different groups. GPs will also be asked to do more.



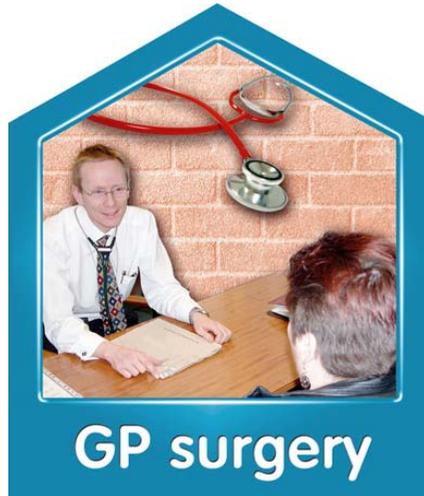
## What will this mean for parents, children and young people?

- A good start in life is very important in keeping healthy.
- We want to stop more children living in very poor families by 2020.
- Give more support for families who need it most.
- See more young people involved in sports and outdoor activities.
- Support and encourage young people to contribute to their local community and guide them in accessing job opportunities.



# What will this mean for older people?

We want to:



- Make sure people aged 40 to 74 can carry on getting NHS health checks.
- Have local schemes to help older people stay fit and active, enjoy the area where they live and keep independent at home.
- Have more support for carers.
- Have good advice on pensions and benefits and how to make best use of their finance so older people have more money to pay for a better life.
- Create more opportunities for older people to continue to contribute the health and well-being of their local community.

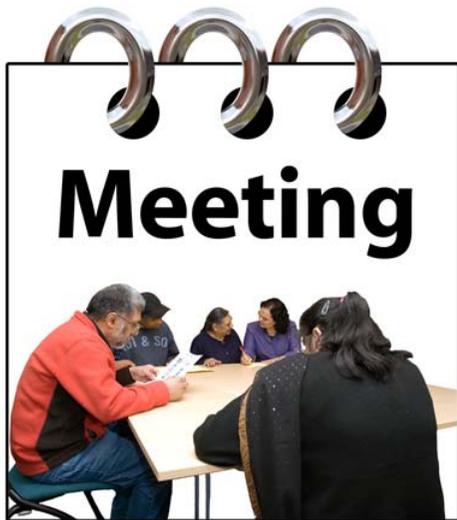


## What will this mean for people with disabilities and mental health difficulties?

We want to:

- Make sure people with disabilities and mental health difficulties are getting NHS health checks and accessible advice on staying healthy.
- Have local schemes to help people stay fit and active, enjoy the area where they live and keep independent at home.
- Have more support for carers and good access to day respite.
- Support and encourage people with disability and mental health difficulties to contribute to their local community and guide them in accessing job opportunities so people have money to make better life choices.
- Have good advice on benefits and how to make best use of their finance so people have more money to pay for a better life.
- Create more opportunities for people to continue to contribute the health and well-being of their local community.





## North Yorkshire's Health & Wellbeing Partnership Board (Shadow Form):

To help drive all things forward there will be a new committee in North Yorkshire called the Health and Well-being Board.

It will allow partners to work better together to deliver the changes required to ensure that everyone in North Yorkshire is able to benefit from improvements in health and well-being.

The Board will:

- Provide strong leadership and direction
- Listen to people and look at the evidence about the health and well-being of the people in North Yorkshire.
- Produce North Yorkshire's - Health and Wellbeing Strategy and
- Hold partners to account and promote action in order to improve our health and well being.
- Make sure services are working better together to improve the lives of people.



## Involving people:



We want to get as many people and groups as possible contributing to making North Yorkshire a better place to live.

We are proposing to have a small tight central group of elected council members; GP representatives and some key others on the main board.

We are proposing that the forums and partnerships already existing in North Yorkshire be viewed as working closely with and being accountable with other forums for improving the health and well-being across our county.



The proposal is that each forums and partnerships will link with the H&W Board and all have a part to play in driving forward the health and well-being agenda in North Yorkshire. See the next page for what these include:

## People Forums:

Including –



- Older Peoples Partnership Board.
- Physical and Sensory Impairment Board.
- Learning Disability Partnership Board.
- LinK.
- North Yorkshire Youth Councils.
- North Yorkshire Carers Forum.
- Mental Health Forum (to be formed).
- ***Consultative Groups.***
- ***Statutory function organisations.***





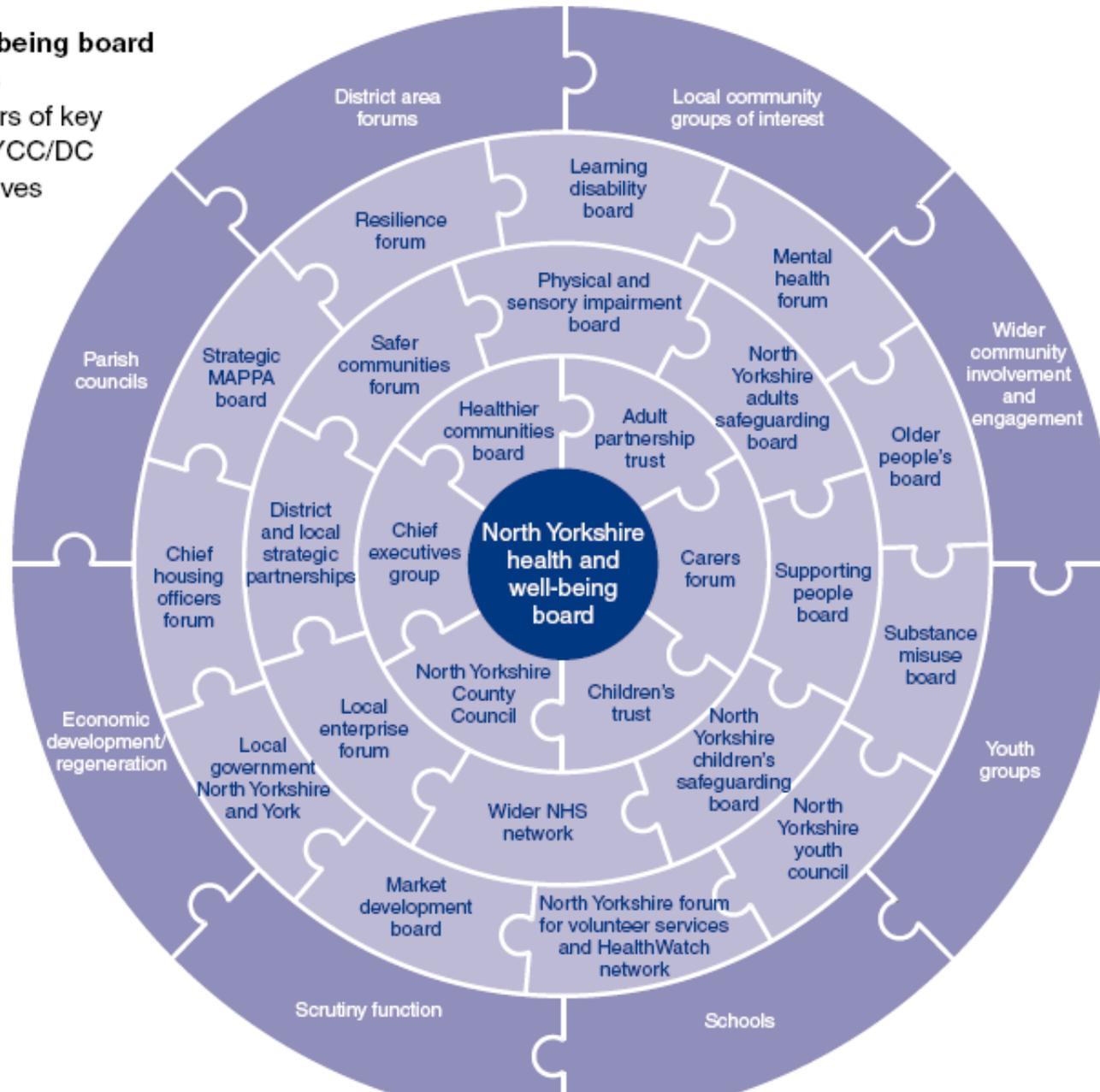
- ***Network functions for voluntary services.***
- ***Local Enterprise Partnership for York and North Yorkshire.***
- ***Local HealthWatch North Yorkshire.***
- ***Statutory Partnerships / Forums / Boards / Associations.***
- ***Housing and Accommodation Groups.***
- ***Safer Communities Forums.***
- ***Market Development Board.***
- ***Health Services.***
- ***Healthier Communities.***



**Many of the groups named on this page and the last page are captured in the diagram below:**

## Health and well-being board

Elected members  
Designated officers of key partners: NHS/NYCC/DC  
CCG representatives  
HealthWatch





## How to tell us what you think:

Please do tell us what you think about these plans.

Our health and well-being web page with the draft proposals and further information as it develops can be found at: [www.northyorks.gov.uk/healthandwellbeing](http://www.northyorks.gov.uk/healthandwellbeing)

**We are particularly interested in your thoughts about the proposal to have a relatively small health and wellbeing board linked to lots of groups.**



### Some questions to consider are:

- Does this seem to be broadly the right thing or not?
- Have you thoughts and comments on the membership?



**We have outlined many of the groups we feel have a key role to play in assisting the board to move forward with the health and wellbeing agenda.**

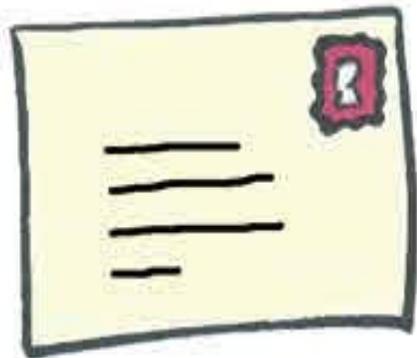
**Some questions to consider for this issue are:**

- Have we included the key groups in the network?
- Are there others we should consider?



**There will need to be a two way engagement between the board and its linked networks. One question to consider for this issue is:**

- Have you any thoughts and proposals about how the many groups and the board might best relate?



### **Finally:**

Have you any other comments or proposals you would wish to make? **Please send all your thoughts, proposals and comments to the email address:**

**[seamus.breen@northyorks.gov.uk](mailto:seamus.breen@northyorks.gov.uk)**

### **Or post your comments to:**

North Yorkshire's Health and Well-Being Board

c/o Health and Adult Services

Northern Block

County Hall

Room 255

County Hall

Northallerton

North Yorkshire

DL7 8DD

**The closing date for comments to be received is Friday 23 September 2011 though we recognise some groups may want a little longer.**