

**Hambleton and Richmondshire
Local Area Group**
Minutes of the meeting held on
Thursday
26th January, 2017
At Allerton Court, Darlington Road, Northallerton
10am to 2.15 pm



		Item
1		<p>Thelma Thomas welcomed everyone to the meeting. Susan Watson read out apologies. Julie explained the house keeping and rules. Thelma reminded everybody to sign in and fill in the feedback forms at the end of the meeting. Julie asked if anybody minded having their photograph taken. Nobody minded</p> <p>Apologies: Dean Snowden.</p>
2.		<p><u>Minutes and Action Points of the Last Meeting</u> Minutes were agreed as a true record. Sue Lear gave an update on the Wheelchair Service. An update will follow in a seperate e mail. <u>Action Points were updated.</u> Attachments will be sent separately.</p>

<p>3</p>	  	<p>Agree Together Group – Celestino gave a presentation. Presentation will follow in a separate e mail.</p> <p>A request was made about inviting somebody to talk about Direct Payments.</p> <p>North Yorkshire Self Advocates Forum. Andrea Wyeth gave a presentation. Presentation will follow in a seperate e mail.</p>
<p>4.</p>	 	<p>Community Safety Task Group update. The Community Safety Hub has now split up. There is a Hambleton Community Safety Hub and a Richmondshire Community Safety Hub. We will still be working with both teams. Both teams will have a police officer based at each office.</p> <p>We have been given a grant of £500 from Hambleton Community Safety Team. The money is going to be used to do a project on raising awareness about alcohol and drug misuse. We are going to make 3 leaflets in easy read. The leaflets will be about alcohol misuse, illegal drugs and prescription drugs</p>

	 	<p>We are looking at who can help us and give us advice- Tommy Ling, Pharmacist from Day Lewis will hopefully be coming to the next Community Safety Task Group Meeting in February, 2017.</p> <p>PREVENT - Gina Allen, Hambleton Community Safety Team, is going to prepare a teaching pack to include the film we made and the easy read leaflet.</p>
<p>5.</p>		<p><u>Understanding some of the challenges of Autism.</u> Mel Trotter, gave a presentation.</p> <p>The presentation will be sent in a separate email.</p> <p>Everybody at the meeting got into Groups and they talked about what autism means.</p> <p>This helped people to understand more about autism.</p>
		<p><u>COFFEE BREAK</u></p>
<p>6.</p>		<p><u>National Autistic Society Accreditation (explanation of what this and what it means for North Yorkshire staff).</u> <u>Andy Watson gave this presentation.</u> An accreditation means different services have to meet all the standards.</p> <p>A standard is a level at which a good service is given.</p>

Over 3 years ago North Yorkshire County Council met with the National Autistic Society to look at our learning disability services with a view to developing them so they can meet the needs of people with autism better. The National Autistic Society are the leading UK charity for autistic people (including those with Asperger syndrome) and their families.

We looked at what we are good at and what we could be better at. One of our weaknesses in Hambleton/Richmondshire was how we communicate with people. We had to improve peoples' ability to make choices. A Speech and Language therapist visited us and gave advice on different ways to communicate for example by using photographs.

Two National Autistic Society inspectors visited our services. They watched the staff at work, observed activities, looked through the files, they asked Andy Watson a lot of questions. In September 2016 we were given the certificate. It is the first time that a Local Authority has received this certificate.

All Learning Disability staff have had autism awareness training, each team has an autism champion. Altogether there are 70 Autism Champions (these are members of staff from North Yorkshire County Council who have received a wide range of autism training to help them to understand better the needs of people with autism.)

Activities are also very important for example going to the cinema. The Empire cinema at Colburn have autism friendly sessions.





The cinema at Thirsk, The Ritz, have autism friendly sessions. The pantomime at Harrogate Theatre in 2016 had an autism friendly session for the first time.

Thelma Thomas said when the MENCAP Centre is open again it would be useful to have an updated list on display of local community activities that are going on in Hambleton/Richmondshire.

Mel Trotter said that all Learning Disability day services and respite services have a file saying what is going on in their area.



ion for Warm Hon

Over the lunch break Diane Bland from Hambleton District Council, National Energy Action, was available to give advice on keeping warm, and making sure that they are getting the best value for money from the people who supply their gas or electricity. Diane Bland can be contacted on: 01609 779977 or communities@hambleton.gov.uk

7.



Health Matters.

Feedback from North Yorkshire Health Task Group 15th November, 2016. Julie Dodsworth gave an update. The presentation will follow on a separate e mail.



Northallerton Community Learning Disability Team update. Tara Lawrence, Community Learning Disability Team, said that they are having an inspection by Care Quality Commission. The inspection starts on Monday 30th January, 2017. This is a planned



inspection. Care Quality Commission will be checking to see that the Team **give** the right care and that they are doing their job right. They also want to see people who use the services. These people will be asked if they are happy to take part in these sessions.



Tara Lawrence also said that they are going to be starting a newsletter which will talk about what the Team are doing. It will talk about Mental Health Greenlight training, changes to the wheelchair service any changes that are happening.



The newsletter will hopefully be sent out to Dentists, Opticians and Doctors. At present it will only be going out to 4 Doctors. The aim is for the first newsletter to be ready in March 2017.



Elaine Crofts said that they were aiming to have an Open Day. The Open Day is to make people aware of what the Community Learning Disability Team do. It is hoped that the Open Day can take place at the new MENCAP Centre. The new MENCAP Centre should be open in early May 2017.



Mental Health Crisis Service Update. The Mental Health Crisis Service is available from 9.00 am to 5.00 pm there is not an out of hours service. They are looking at employing 2 members of staff for an out of hours Crisis Service.



The Mental Health Helpline is: 0333 0000 309.



Transforming Care Update: North Yorkshire Learning Disability Services provided by Tees Esk and Wear Valleys NHS Trust are working with commissioners to reduce mental health hospital admissions. There is a plan to build the right support by ensuring people are engaged in decisions about their care, and be supported by trained and experienced staff when they are in crisis. Two new jobs are being advertised for Community Crisis Intervention Practitioners. The workers will provide advice and support to the community teams across North Yorkshire to help to support people in crisis.



Mental Health Greenlight Update – Mental Health Services through the Greenlight Tool Kit are responsible for ensuring people with a learning disability who need to access their services are able to do so. An action plan has been agreed with mental health and learning disability services in Hambleton and Richmondshire. The Action Plan is looking at how we can improve things for people with a learning disability in Mental Health Services. The Community Learning Disability Team are arranging a rolling programme of training for people working in the Mental Health Service. The aim is for mental health staff to have a better understanding of the needs of people with a learning disability, and be able to make reasonable adjustments in the way they work. We are setting up three training dates the first is on 2nd March, 2017. We are using service user's experiences of mental health services

in our training.

Tees, Esk and Wear Valleys service user focus group update.

We have set up Service User Involvement Groups in other parts of North Yorkshire and want to see if people are interested in a group in this area. The problem is finding somewhere to hold the meeting and are hoping to hold the meeting at the new MENCAP Centre. When this is open we will have a Focus Group meeting to see what people think.

In other involvement groups service users are involved in auditing our services, helping us make information accessible and in staff interviews.



TEWV Task Group to improve how we involve service users in interviews: We are looking at how we can improve our service user involvement in interviews. We will be contacting people who use our services to find out if they are interested in helping us with this work. We want to involve all people who use our services including those who cannot speak up for themselves but have support from carers. Sue Lear stated that some people with a learning disability have already been involved in interviews.



Thelma Thomas said it would be a good idea to send a flyer out to people to find out their views, experiences of interviews. The flyer could be sent out to people who are open cases, to people through the Local Area Group and Health Task Group. Thelma

Hospital Passports on the internet for all members of hospital staff. Tara Lawrence asked if the e learning is available at both James Cook Hospital and the Friarage Hospital? Jan Pearson said 'Yes'. However it is really important that carers keep Hospital Passports up to date.



Sue Lear did mention that at the Health Task Group they were told they were going to be provided with a new passport which everybody would use. However it appears different areas use different passports.

Action This will be clarified at the next Health Task Group Meeting. Action points separate

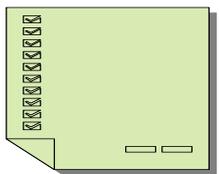


Jan Pearson did say that it was no problem if there were different Hospital Passports. Helen Bingham asked if Hospital Passports could be sent out electronically? Jan Pearson said 'Yes'. Helen Bingham asked if there was a covering letter explaining how to complete the Hospital Passport? Jan Pearson said 'No'. Helen Bingham asked for information about Hospital Passports to be put in the Northallerton Community Learning Disability Team Newsletter. Jan Pearson agreed.

It was asked what would happen if a person was admitted to hospital who could not communicate and nobody knew who they were? The question was if someone lived independently. Jan Pearson said she would look into this and feedback. Elaine Crofts said that the Community Learning Disability Team do have Emergency Cards that people can carry with important information on such as who to contact in case of emergency but



		<p>these have not been given out in this area. Elaine Crofts will bring a supply of these Emergency Cards to the next meeting.</p> <p>There is a Hospital Communication Book which helps people improve their communication. All wards should have this information. This book will come in a following e mail.</p> <p>Tara Lawrence asked Jan Pearson if any work is being done with Darlington Hospital? Jan Pearson said 'Yes'. Corrine Davies is the contact.</p> <p>NHS England Learning Disability Mortality Review regarding deaths of people who have a learning disability. Jan Pearson gave a talk about a review they are doing about the deaths of people who have a learning disability. This review covers people who were in hospital, at home or in supported living. The area covers acute hospitals in South Tees which also includes the Friarage Hospital and the North East which covers Cumbria to the Tees. The aim of the review is to learn and improve services. The review started because there was no standards for reporting deaths of people with a learning disability. The review is pulling out interesting things. It is making sure things are not overlooked. The review is not about blaming people. They are contacting GPs and families looking at ways to move forward. Health and Social Care are working together with regard to this review.</p>
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9.		<p><u>Anything else to tell North Yorkshire Learning Disability Partnership Board in March</u></p> <ul style="list-style-type: none"> • Give feedback on that talk today from Mel Trotter about Autism. • Hospital Passports. Are we all going to use the same type of passport.
10.		<p><u>Feedback Forms and Finish</u> We completed the feedback forms.</p>
11.		<p>Date for next meeting:</p> <p>11th May, 2017.</p>

People Who Attended.	
Julie Dodsworth	Self Advocate Co Chair
Thelma Thomas	Independent Co Chair
Michael Barlow	Vice Co Chair
Celestino Cansado Fernandez	Self-Advocate
Nathan Middlemass Dry	Self-Advocate
Mark Massey	Self Advocate
Andrea Wyeth	Self Advocate
Karen Ravenhill	Self Advocate
Pauline Dodsworth	Self Advocate
Robert Robson	Self Advocate
Lindsay Allen	Hambleton and Richmondshire Local Area Group, Carer Representative
Margaret Humphrey	Support Worker for Andea Wyeth and Karen Ravenhill
Kim Sanders	KeyRing, Self-Advocate Support
Steve Grant	Support Worker for Celestino Cansado Fernandez
Margaret Webb	Carer
Andy Watson	Learning Disability Manager,
Elaine Crofts	NHS.
Tara Lawrence	Community Learning Disability Team.
Sue Lear	Valuing People Coordinator
Lesley Bishoprick	Broadacres
Helen Bingham	Valley Road, Northallerton.
Susan Walker	Valley Road, Northallerton
Susan Watson	Minute Taker.

