

Mental Health Community Support Contracts

Information for Stakeholders

October 2018

North Yorkshire County Council's Health and Adult Services has been working with a range of stakeholders to look at how third sector organisations will be commissioned to deliver mental health support on behalf of the Council in future.

Following a procurement exercise six new contracts for the delivery of support across North Yorkshire from the 1st October have been successfully awarded to a mixture of existing and new providers. Further information about the new contracts, the support and activities which will be available in different areas and how to contact the new services is outlined in the table provided at the end of this briefing.

The new services will act as a local point of contact for adults with mental health issues or concerns, their families and carers, helping them to access the support they need. This could include:

- Accessing information and advice including signposting to other support and services;
- Brief, practical interventions such as support to access and maintain employment, education or training, or support with benefits or housing;
- Social activities to help people stay connected to other people and their local communities;
- Opportunities to access and support the development of peer support and user-run services; and
- Support with self-care and life skills such as information and training to develop coping strategies and skills around budgeting and finance.

Support will be available for anyone aged 18 and over living in North Yorkshire who has mental health issues or concerns and any family members and carers of anyone with mental health issues or concerns. Support will be delivered using a 'hub and spoke' model to enable people to access support closer to home.

If you have any queries about the review please contact the Commissioning team at commissioning@northyorks.gov.uk.

District	Provider	Support and activities	Contact details
Craven	Pioneer Projects	<p>Pioneer Projects will manage and develop a Craven Mental Health and Wellbeing Framework to link existing assets and provision to build effective support networks through increased collaboration. The framework will involve co-operation with Bradford District Care Trust, Mind in Bradford and the Cellar Trust, who will also deliver support as part of the framework alongside a network of Craven-based organisations.</p> <p>Creative Community Sessions with Pioneer Projects will run from 10:30 – 12:30 every Friday, followed by Wellbeing Courses with MyWellbeing College from 13:00 – 14:30. Please note the MyWellbeing College afternoon courses require online registration at mywellbeingcollege.nhs.uk. Pioneer Projects can help with this at the morning session.</p>	<p>To find out more please get in touch or drop by a session:</p> <p><u>Skipton</u>: Dyneley Surgery Barn, Newmarket Street.</p> <p><u>Bentham</u>: Looking Well Studios, King Street.</p> <p>Tel: 01524 262672 Email: office@pioneerprojects.org.uk</p>
Hambleton and Richmondshire	Darlington Mind/Mental Health Support in Hambleton and Richmondshire	<p>Darlington Mind/Mental Health Support will deliver the Mind Matters project across Hambleton and Richmondshire. Mind Matters will help manage people’s mental wellbeing by encouraging people to come together in a variety of self-help and supported settings. There will be regular drop-in sessions across Hambleton and Richmondshire and a range of groups and activities for people to get involved in. Services will operate five days per week out of the Link in Northallerton and on a sessional basis either weekly, fortnightly or</p>	<p>To find out more please do give us a call on 01609 780757</p> <p>or e-mail on contactus@darlingtonmind.com</p> <p>Check out our website too on www.darlingtonmind.com</p> <p>You can also find us on facebook and twitter – search for Darlington Mind</p>

		monthly from Richmond, Catterick, Bedale, Stokesley, Bainbridge, Easingwold, Leyburn, Thirsk, Reeth and Aldborough.	
Harrogate	Harrogate Mind	Harrogate Mind will continue to deliver low level mental health support across Harrogate district. Drop-in services will be available at The Acorn Centre in Harrogate and at The Orb premises in Knaresborough with telephone support available for anyone who cannot attend the centre but is in need of support. In addition to the drop-in services peer support, confidence building and a range of groups and activities will be available.	If you require any further information or would like to speak to someone please contact us on 01423 503335 or email: office@mindinharrogate.org.uk Website: www.mindinharrogate.org.uk
Ryedale	Next Steps	Next Steps will continue to promote increased wellbeing by delivering support, volunteer opportunities, back to work skills, peer support and a range of groups and activities across Ryedale. Alongside the central hub in Norton, Malton, support will also be available in Pickering, Kirkbymoorside and several villages including Wintringham, Thornton le dale and Hovingham.	For further information please contact Leisa Burniston, Service Manager. 7 Church Street, Norton, Malton, North Yorkshire, YO17 9HP Tel: 01653 690854 Email: post@nextstepsryedale.co.uk Web: www.nextstepsryedale.co.uk Find us on Facebook
Scarborough	Scarborough Survivors	Scarborough Survivors will expand the support currently available from their Resource Centre in Scarborough, opening seven days a week. Support available at the Resource Centre includes a variety of groups and activities, wellbeing workshops and sessions, information, advice and signposting and peer support. Work will also be undertaken with to explore development of outreach support and	Contact us on 01723 500222 Email: survivors.office@btinternet.com or centre.scarboroughsurvivors@hotmail.com . Find us online at www.scarboroughsurvivors.org.uk .

		delivery of support in other locations across Scarborough district by a positive buddying system.	
Selby	Horton Housing	Horton Housing will deliver a range of wellbeing cafes across Selby district to help prevent people from developing mental health issues and support people with mental health issues to recover and stay well. Two cafes will be delivered in Selby town, with additional cafes in Tadcaster, Riccall, Eggborough and Sherburn. Support available from the cafes will include information, advocacy, advice and signposting, housing and employment support, signposting, social networks and peer support, social activities and educational and health sessions.	For further information please contact us on: Tel: 07584 015792 Email: wellbeingcafe@hortonhousing.co.uk