









**Selby and District Local Area  
Group  
St Marys Church Hall, Selby  
Wednesday 11 October 2017  
9.30am to 1pm  
Minutes**

1.		<b>Networking and tea/coffee</b>
2.		<p><b>Welcome and who is here</b></p> <p>Jane and Steve co-chaired the meeting and welcomed everyone</p> <p>Everyone introduced themselves and apologies were given</p>
3.		<p><b>Ground rules</b></p> <p>Jane read out the ground rules for the meeting</p>
4.		<p><b>Minutes and action points from last meeting</b></p> <p>We agreed the notes of the last Local Area Group meeting were correct</p>

		<p>We updated the action points</p>
<p>4.1</p>	  	<p><b>North Yorkshire Learning Disability Partnership Board feedback from 15<sup>th</sup> September</b></p> <p>Sue gave feedback from the Partnership Board meeting</p> <ul style="list-style-type: none"> <li>• The board looked at the Accessible Information Standard for easy read</li> <li>• Self-advocates worked with Erin Outram to write a letter about the Accessible Information Standard.</li> <li>• The letter has been agreed to go to the co chairs of the Partnership Board to be signed</li> <li>• This letter would be sent out from the Partnership Board Co Chairs when organisations are not providing accessible information.</li> </ul>



- Everyone voted at the Partnership Board and agreed to use this letter.



5.






## York People First

- Becky told the group about York People First. York People First is a self-advocacy organisation run by and for people with learning difficulties.
- Michael talked about some of the training York People First do with York University.
- We Care Project working with North Yorkshire Police to launch in York on Monday 16 October. The project is to keep everyone living in York safe. You can register your details with the Police in case you feel unsafe or need help
- York People First received a grant from York University to do a conference about Parents with Learning Disabilities. A part of the conference is to be a production on Mia.

Jane asked York People First how we can work together in the future.

<p>6.</p>		<p><b>Tracy Oldridge</b></p> <p>Tracy Oldridge is a Community Nurse in York and Selby. She talked about her job and what the nurses do in the Community Learning Disabilities Team.</p> <ul style="list-style-type: none"> <li>• We help you to think about your health</li> <li>• We look at what help you need</li> <li>• We find ways to improve your health so that you feel better</li> </ul> <p>She talked about what to do if you need to go into hospital and how she can help you with your discharge from hospital.</p>
<p>7.</p>		<p>Tea/Coffee break</p>
<p>8.</p>		<p><b>Ideas for working with safeguarding board in the future</b></p> <p>The group talked about ideas for working with the Safeguarding Board in the future.</p> <ul style="list-style-type: none"> <li>• To provide information in easy read and audio.</li> <li>• The Safeguarding Board to attend the Local Area Group and Task Group.</li> <li>• To provide safeguarding training to people with learning disabilities</li> </ul>

		<ul style="list-style-type: none"> <li>• To recruit a steering group of 10 people.</li> <li>• The Mental Capacity Act and future planning to be put into Mental Capacity group strategy.</li> </ul>
9.		<p><b>Selby Mencap</b></p> <p>Sarah is a service manager based in Selby. Mencap is a charity working to improve the lives of people with a learning disability. She talked to the group about Mencap and explained about their visions and values.</p> <ul style="list-style-type: none"> <li>• We are Inclusive</li> <li>• We are Trustworthy</li> <li>• We are Caring</li> <li>• We are Challenging</li> <li>• We are Positive</li> </ul> <p>Sarah to email Belinda to get local people involved to join and support the campaigns.</p>
10.		<p><b>Self-advocates Issues Feedback</b></p> <p>Self-Advocates Forum Feedback</p> <ul style="list-style-type: none"> <li>• At the self-advocacy forum self-advocates wrote a Self-Advocates Action Plan for the Live Well, Live Longer Strategy.</li> </ul>





- At the forum the self-advocates made a short film about self-advocacy.
- The group worked together to write a letter to remind health and social care organisations why self-advocates need information in easy read.
- Cara Nimmo, the Principle Social Worker asked the group to choose the top 10 leaflets which need to be made into easy read.

## Health Task Group Feedback


Tony told to the group about the North Yorkshire Health Task Group.



- Rhiannon Thompson is the Community Crisis Intervention Practitioner for North Yorkshire. Rhiannon supports people with a learning disability.
- Lynne talked to the group about a benefit form for employment and support allowance. To contact the DWP and ask them to look at how they do things.
- We looked at the Live Well Live Longer health action plan. We shared our ideas and said how

		<p>we will make sure the action plan works for everybody.</p> <ul style="list-style-type: none"> <li>• We talked about our right to ask for information in a way we understand from health and social care professionals.</li> </ul>
		<p><b>Live Well, Live Longer Feedback</b></p> <p>Self-Advocates wrote a Self-Advocates Action Plan for the Live Well, Live Longer Strategy in April. So far they have completed the following actions:</p> <ul style="list-style-type: none"> <li>• Made a film about self-advocacy</li> <li>• Written the accessible information letter</li> <li>• Visited provider forums across North Yorkshire</li> <li>• Distributed posters about the learning disability register in Selby</li> </ul>
		<p>Self-Advocate Co Chairs were invited to the launch of Live Well, Live Longer Strategy in June.</p> <ul style="list-style-type: none"> <li>• They talked about how self-advocates had been involved in shaping the strategy and how good it felt to be involved in</li> </ul>



		<p>such an important piece of work.</p> <ul style="list-style-type: none"> <li>• Self-Advocates attended Provider Forums in Northallerton, Harrogate and Scarborough</li> <li>• They talked about all the work they do as part of the Learning Disability partnership Board</li> <li>• As part of the Action Plan self-advocates wanted to encourage organisations to provide information in easy read and audio.</li> </ul>
11.		<p><b>Any other updates?</b></p> <p><b>Date of next meeting</b> St Marys Church Hall, Selby Wednesday 7 February 2018</p>

People who came to our meeting:

Abbie Hacker – Business Support Administrator NYCC  
 Erin Outram – Business Development Safeguarding, Quality & Engagement NYCC  
 Amy McTaggart – Business Support Administrator NYCC  
 Sue Lear – Valuing People Coordinator NYCC  
 Sarah Edwards – Mencap  
 Lisa Forsyth – DWP Selby Job Centre  
 Nancy Walton – Supported Employment Officer NYCC  
 Eamonn Addison – Employment Officer NYCC  
 Tom Jenkinson – Stronger Communities Service Delivery Manager NYCC  
 Anthony Howden – self-advocate



Henry Spence – self-advocate  
Samuel Spence – self-advocate  
Jayne – self-advocate  
Steve Burke - Learning Disability Manager NYCC  
Belinda Croce – Key Ring Self Advocacy Support  
Sandra Gilpin – York People First  
Beth – York People First  
Michael – York People First  
Andrew – York People First

Apologies:

Shanna Carrell – Equality and Community Engagement Officer  
NYCC  
Mike Spinney – Family Carer  
Kathryn Spinney – Family Carer