

Selby and District Local Area Group Minutes of Meeting held on 8th February – St Mary’s Church, Selby 9.30am to 12.30pm

<p>1.</p>		<p><u>Welcome – Who is here and who can’t come</u></p> <p>Jane couldn’t come today so Sam co-chaired the meeting with Steve.</p> <p>Sam welcomed everyone to the meeting and read out the ground rules.</p> <p>Everyone introduced themselves and apologies were given.</p>
<p>2.</p>		<p><u>Minutes and actions points from last meeting:</u></p> <ul style="list-style-type: none"> • Andy Hargreaves is here today and he will discuss the Care Act and assessments • We are still looking to find out who Lisa is <p>We agreed that the notes of the last Local Area Group meeting were correct.</p>
<p>3.</p>		<p><u>Andy Hargreaves – Assessment Team</u></p> <p>Andy talked about the Care Act 2014. He explained why this new law had been introduced and what the Care Act aims to do for people.</p>



He explained that the Care Act was created to make the rules around social care simpler.

Before the Care Act, there had been lots of laws for social care and this had been very complicated for people and councils. Now there was just one law.



The Care Act talks about **outcomes**. Outcomes are the things that are important to people in their life.

The Care Act also says that councils must help family carers.



All councils now have the same rules about who is eligible for social care support.

Andy also told us about social care assessment and explained the process step by step.



He mentioned the different teams who work for the council such as the Living Well and START teams and how they help people stay or become more healthy.



He also talked about advocacy. This is a service for people who need some help to speak up for themselves in an assessment or review meeting.



A self-advocate mentioned that he had had a re-assessment meeting recently. He had found it very confusing, even though he had his parents with him to help him understand. It had been hard for him to answer some of the questions, for example questions about choices.

Big words like 'assessment' are used. Call it a 'talk' instead. There was no easy read information.

The self-advocate explained that if he doesn't know that the talk is about, it's very hard for him to take it all in.

Andy agreed that it is very important that assessment staff have a conversation with people and get to know them.

He also said that advocacy was very important to help people understand and express what is important to them.

4.



Self Advocates Forum Feedback, Selby Self Advocates Feedback and Health Task Group Feedback

Henry gave the feedback from the Self Advocates Forum.

Tom gave the feedback from the Selby self-advocates group.

Tony gave the feedback from the Health Task Group.

Tony showed the group the new hospital passport from TEWV. Jo Blades will come to

	  	<p>the next Local Area Group and we will ask her about the hospital flagging system.</p> <p>Tony shared some easy read leaflets with the group to help us learn more about cancer screening.</p> <p>He also showed the new Health Action Plans. There will be an event about health action plans in York on 21 February.</p> <p>Everyone with a learning disability should have an annual health check from their GP.</p> <p>Everyone should also have a health action plan to say the things you should do to stay healthy. It is your plan to keep and to follow, with help if you need it from the people who support you.</p> <p>There are two events about Transforming Care coming up. These will help people understand more about care and treatment reviews, and Transforming Care work in North Yorkshire.</p> <ul style="list-style-type: none"> • NHS England event about care and treatment reviews, York, 28th February • North Yorkshire event about Transforming Care, York, 9th March
5.		<p><u>Universal Credit</u></p> <p>Lisa Forsyth from Selby Job Centre told us about the national expansion of 'universal credit' which has now reached Selby</p> <p>She explained that if a person was claiming a welfare benefit and was able to work, no dependents, single and had no mortgage, their claim would now be for Universal Credit.</p>



From February 2018, everyone who claims a welfare benefit will be assessed for Universal Credit.

Then people on 'old' benefits like Employment and Support Allowance will slowly be moved across to Universal Credit.

Universal Credit is paid monthly, not fortnightly. It includes housing benefit, so people would need to pay their landlord direct. People will need to manage their money and make a budget.

There is some support for budgeting and there is a new on-line budgeting service.



Steve asked if people wanted to have a workshop on Universal Credit later in the year. Everyone thought that this was a good idea.

Easy read information about Universal Credit - we will need to get the web link from Lisa.



We talked about what happens if you are turned down for Personal Independence Payment (PIP). The first step is to ask for a 'mandatory reconsideration'. The next step is to take the decision to appeal.



Kathryn said that some people might get more money with PIP than DLA, for example if they always need someone with them when they go out. But you need to be sure that you will be eligible before you ask to move from DLA to PIP.

6.



Prevent

We watched a 'Prevent' film that the self advocates in Northallerton had made with MENCAP and the safer communities group. The Home Office had given them some money to make the film.

We thought the film was really good.

We talked about 'values' and the 'core British values':

- Rule of law
- Democracy
- Mutual respect and tolerance
- Individual liberty

Some questions were read out about different situations and we thought as a group about what we would do.

7.



Updates from Belinda

Belinda has made a flyer about the Selby LAG which we hope will encourage more people to join us.

We all thought it was really good and agreed that the flyer should be sent out.

Self-advocates and Keyring have worked together to create a really helpful guide to help people choose somewhere to live. Lots of copies of this housing choices guide have been printed. It is a workbook so people can work

through the guide and write in it to help them make choices.

8.



What do we want to tell the Partnership Board?

- We thought the Prevent film was really good. One person said that it provided very powerful messages
- About the hospital passport
- About the reassessment and that there wasn't information in a way that was easy to understand. It should be in easy read with no big words.

Any other updates?

- Belinda gave some feedback about the Talking Travel group for Yorkshire and Humber. They had talked about buses, what is good and what is bad. We will include the feedback with the minutes. We will also share it with the Selby District Disability Forum.
- Steve said that Anne Marie from Selby DIAL is interested in becoming the independent co-chair of the Selby LAG.

Shanna will send the co-chair application form to Steve and Belinda to share with Anne Marie.

		<p>Belinda suggested that Anne Marie comes to a consulting group.</p> <ul style="list-style-type: none"> • Safe Places: there is information on the council website about Safe Places and where to find one. http://www.northyorks.gov.uk/article/31837/Safe-places <p>There is a 'Safe Places' app. We will ask the Safe Places project group to have a look at this to see if it is a good app and if we can afford to pay for it.</p> <p>Belinda and the group at the Personalised Learning Hub have found some places that would be really good Safe Places. They will talk to them about becoming a Safe Place. They are places that people with learning disabilities already go.</p> <ul style="list-style-type: none"> • Changing Places/accessible toilets: Mike and Kathryn said that there were no changing places or accessible toilets open on Christmas Day. <p>Steve said that he knows one that is open all day, in York. Steve will find out where it is and let us know.</p>
<p>9.</p>		<p>Dates for future Local Area Group meetings in St Mary's Church, Leeds Road, Selby:</p> <p>Wednesday 7th June 2017, 9.30-1pm Wednesday 11th October 2017, 9.30-1pm</p>

People who came to our meeting:

Sam Sellers - Self Advocate
Henry Spence – Self Advocate
Tony Howden – self-advocate
Tom – self-advocate
Shanna Carrell – Equality and Engagement Officer - NYCC
Tom Jenkinson - Stronger Communities Service Delivery Manager
Belinda Croce - Key Ring Self Advocacy Support
Bethany Hinchcliffe – Learning Disability Start manager
Simon – self-advocate
Nancy Walton - Supported Employment
Mike Spinney – family carer
Kathryn Spinney – family carer
Andy Hargreaves – Learning Disability Team Manager – NYCC
Steve Burke – Learning Disability Manager - NYCC
Lisa Forsyth – Selby Job Centre

Apologies:

Jane Miles – Co-chair of the Selby and District Local Area Group
Kathleen Royd - Self Advocate
Sarah Topping – Self Advocate
Pam Sale – Business Support Administrator – NYCC