

# Selby & District

## The Self Advocates



**Tony**  
Health Rep for  
Selby



**Gavin**  
Local Area Group  
Co-chair



**Tom**  
Self Advocates  
Forum Co-chair



We have good contacts with local police and had the opportunity to put questions to North Yorkshire's Police and Crime Commissioner.



Self Advocates have received funding to produce 4 newsletters to let people in Selby and District know about all the work that is happening with the Learning Disability Partnership Board and in their local area.



We have produced a booklet about things that people can do in Selby and District called "Interesting Things to do in Selby". There is information about leisure, employment, community groups and advice services.



We held a Health Action day at Selby College. We continue to promote awareness of your right to annual health checks



The Group has established links with Selby College with a view to improving the opportunities here for people with learning disabilities.



We held an information day to look at the changes currently taking place in the benefit system. People fed back that they were clearer about how the changes would affect them and where they could go for support and advice on this issue.