







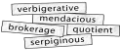




## Selby and District Local Area Group Minutes of Meeting held on 12<sup>th</sup> October 2016 – St Mary’s Church, Selby 9.30am to 12.30pm

<p>1.</p>	 	<p><b><u>Welcome – Who is here and who can’t come</u></b></p> <p>Jane welcomed everyone to the meeting and read out the ground rules. Everyone introduced themselves and apologies were given.</p>
<p>2.</p>	 	<p><b><u>Minutes and actions points from last meeting:</u></b></p> <ul style="list-style-type: none"> <li>• Contact Andy Hargreaves about the assessment and re-assessment processes – Andy to come to February meeting.</li> <li>• Steve to contact Lisa – ongoing</li> </ul> <p>The minutes of the last meeting were a true and accurate record agreed by the group.</p>
<p>3.</p>	 	<p><b><u>Main points from the Partnership Board Meeting in September</u></b></p> <p>Self advocates showed the housing booklet that has been made for anyone who is thinking about moving home.</p> <p>Paul Walker from the Public Health team came along to talk to us. He said it is important we all have a flu jab so we don’t get ill this winter.</p>

	  	<p>You should ask your GP if you have not been called forward for this. More people with a learning disability will be able to get the flu jab this year.</p> <p>Richard Dalby gave us an update on the Live Well, Live Longer plan. He said they had over 250 replies and some very good responses</p> <p>Stephen Harrison gave us an update on the work his team are doing to support young people who are moving into adulthood.</p> <p>The word-bank has been updated with new words</p> <p>Self advocates were involved in filming the PREVENT film about radicalisation. The film was shown at the Partnership Board.</p>
<p>4.</p>	 	<p><b><u>Sally Anderson – Living Well Team and group work</u></b></p> <p>Sally gave a presentation about the Living Well Team. Please see presentation attached</p> <p>The team work with people to stay healthy and independent for as long as possible.</p> <p>Robert Kenniwell Manages the team. Madga and Karen are team members.</p> <p>They help people to work out what they want to do and how they can do things for themselves. They find out about all the groups in Selby and will support people to join the groups.</p> <p>The living well team works with people over 18 Years, it is not available for people who already have help form a social worker or a support worker.</p>



The team can be contacted on 01609 780780 and press option 2.

People can make a referral themselves or you can be referred by a doctor or social care team.

Everyone had a group discussion about Living well:



**What might stop you being happy?**

Not having groups to go to, shopping, going out and friends.

**What things stop you being healthy?**

No exercise, motivation, not eating the right food, healthy food

**What stops you being independent?**

Not managing your own money, making choices, having the right support to be independent, living in the right area, safe places and a good community

**What groups and things are in Selby that you can access to help you live well?**

Open Arms, Horton Cafe, footballclub, railway club, Monday club, phab club. No cinema in Selby, The summit is expensive

Changing places are good and safe places help us be independent

5.



**Carol Parsons Safeguarding team**

Carol explained her job and what happens after a safeguarding alert has been raised

The word Safeguarding can be scary, but its about making sure people are safe and looking out for people.



If anyone is worried about someone they have a duty of care to tell the safeguarding team and they will talk to everyone and make sure the person is safe.

Carol works with Doctors, Education, Health Colleagues and the police if it is a criminal offence.

When North Yorkshire County Council has been told that abuse has happened we need to follow a set of rules:

Someone will visit you to talk about what needs to happen to make sure you are safe



You will have support to make your own choices about what you want to happen to stay safe

Carol said she would find out if the new easy read booklets about safeguarding are ready yet

6.

### **Access issues in Selby and District**




Phil Dodson is the chair of Selby District disability Forum. All the members of the forum are volunteers. They highlight access problems and raise awareness in Selby and District.





Members of the forum went around the streets of Selby to look at the barriers when accessing on foot and in wheelchairs.

Phil showed us all some examples of problems, like no dropped kerbs in areas.



The forum has no one with a learning disability, visual or hearing impairment with them.

		<p>We hope that we will work with the forum on their next project. Phil will talk to everyone later in the year.</p>
<p>7.</p>		<p><b><u>Self Advocates feedback</u></b></p> <p>Henry Spence talked about the Self Advocates Forum</p> <p>Sam talked about the work self advocates have been doing in Selby</p> <p>Jane talked about what has been happening at the Health Task Group</p> <p>(please see presentations attached)</p>
<p>8.</p>	  	<p><b><u>What do we want to tell the Partnership Board?</u></b></p> <ul style="list-style-type: none"> <li>• Selby and District Disability Forum, we will work with the Forum in future as together we have a stronger voice</li> <li>• We talked about Living well and how we stay healthy and happy</li> <li>• Visit from Sara Farrah, Department of Work and Pensions, to talk about the changes to Employment Support Allowance. Checked if there is easy read information on Personal Independence Payments and we will lobby groups if there is no information available</li> </ul> <p><b><u>Any other updates?</u></b></p> <p>Sara Farrar from the Department of Work and Pensions explained the changes to some people s benefits and how often they had to go to the job centre.</p>

	  	<p>There is a new fund for 25 million pounds available that councils can apply for, this closes on 28<sup>th</sup> October.</p> <p>People on ESA had to go for a medical if they had a long term health condition.</p> <p>If they have been assessed and in the support groups they will no longer have to go for further medicals.</p> <p>This will be introduced later next year. If people are due for a reassessment they will probably not get called.</p> <p>Sara is talking to employers to be more disability friendly, this new scheme will be called “Disability Confident”. Sara is trying to encourage more employers to sign up to the new scheme.</p> <p>Sara will check if Personal Independence Payments information is available in easy read</p>
<p>9.</p>		<p><b>Dates for future meetings in St Mary’s Church, Leeds Road, Selby:</b>  Wednesday 8<sup>th</sup> Febuary 2017- 9.30-1pm  Wednesday 7<sup>th</sup> June 2017, 9.30-1pm  Wednesday 11<sup>th</sup> October 2017, 9.30-1pm</p>

People who came to our meeting:

- Jane Miles – Co-chair of the Selby and District Local Area Group
- Sam Sellers - Self Advocate
- Kathleen Royd - Self Advocate
- Henry Spence – Self Advocate
- Shanna Carrell – Co Chair and Equality and Engagement Officer - NYCC
- Tom Jenkinson - Stronger Communities Service Delivery Manager

Belinda Croce, Key Ring Self Advocacy Support  
Sarah Topping – Self Advocate  
Sarah Lumley – Wilf Ward Family Trust  
Heather McEvoy – Wilf Ward Family Trust  
Bethany Hinchcliffe – Learning Disability Start  
Pam Sale – Business Support Administrator – NYCC  
Sara Farrar - Department for Work and Pensions  
Phil Dodson – Selby and District Disability Forum  
John Stones – self advocate  
Hollie – self advocate

Apologies:

Steve Burke – Learning Disability Manager  
Lisa Metcalfe – Learning Disability Home Care Manager  
Tom Newton – Vice Co Chair  
Tony Howden – Self Advocate Health Representative  
Mike Spinney