

**Selby and District Local Area Group
Minutes of Meeting held on
8 June 2016 – St Mary’s Church, Selby
9.30 to 12.30**

<p>1.</p>	 	<p><u>Welcome – Who is here and who can’t come</u></p> <p>Jane welcomed everyone to the meeting and read out the ground rules. Please make your words easy to understand and if you have to use complicated words please describe what they mean. Everyone introduced themselves and apologies were given.</p> <p>Tony congratulated Belinda on her recent marriage.</p>
<p>2.</p>	  	<p><u>Minutes and actions points from last meeting:</u></p> <ul style="list-style-type: none"> • Robert Keniwell, Living Well Team Manager will be coming to the October meeting. • Contact Andy Hargreaves about the assessment and re-assessment processes. • Steve to contact Lisa – ongoing • Carol Parsons, NYCC Safeguarding Officer will be coming to the October meeting to explain procedures. • Action points were sent out with the previous minutes. <p>The minutes of the last meeting were a true and accurate record agreed by the group.</p>
<p>3.</p>		<p><u>Main points from the Partnership Board Meeting in March</u></p> <p>Shanna went to the Partnership Board in March, Mencap</p>



Centre in Northallerton. Sam and Mark gave a presentation about the self-advocacy forum in January.

They spoke about the **Live well and Live Longer** strategy. People want more choice and control over their lives. To have friends, relationships and be healthy and have good support.

Richard Dalby talked about reducing the number of beds in the assessment and treatment units in North Yorkshire and York but people will have better support in the community.

Joss Harbron gave an update on the employment strategy. We need to think about ways to use funding to support more people into paid employment.



Sue Lear gave an update on the Safe Places project. This will be launched in May. Volunteers have signed up to check out the safe places across North Yorkshire.

4.



Tom Jenkinson – Stronger Communities

Tom works for Stronger Communities in Selby. The government are giving the council less money and we need more volunteers to help us. We need volunteers to work in lots of areas, the local libraries, run activities and help people who are lonely.



Tom, Tony, Sarah, Sam and Kathleen all volunteer in the Selby area. If anyone would like to volunteer please speak to Selby AVS in Community House, Selby.



Some groups have ideas about things they would like to do and Tom can help a group plan how to make an idea happen and might be able to help a group apply for money to help.

Tom's contact details are: 01609-533808 or e mail Tom

		at tom.jenkinson@northyorks.gov.uk
5.		<p><u>Steve - Make Every Contact Count</u></p> <p>North Yorkshire County Council are wanting to help us to get healthier and fitter. Staff will be trained to help people, to Ask, Advise and Assist if you would like them to. Steve gave out booklets with information, groups and activities. Steve talked about cutting down on alcohol, smoking and the importance of exercise.</p> <p>Steve showed the group 'The Eatwell Plate'. This had 5 sections to show how many vegetables, pasta, meat, dairy, high fat and high sugar drinks we should be having at meal times.</p> <p>The meeting split into groups to think about what they do when they get bored and what they eat.</p> <p>People planned for the next day, had a nap, housework, read, bake, walk the dog, eat, play games and relax.</p> <p>They ate: bread and butter, leftovers, crisps, fruit, sweetcorn, celery, burgers, anything in the cupboard, fish and chips, pasta and vegetables.</p> <p>The results showed that we eat lots of high fat, high sugar foods and we should try and change our eating habits.</p>
6.		<p><u>Tracy – Developments at Open Arms</u></p> <p>Tracy came to the meeting to talk about 'Open Arms' and their new Selby Community Recycling Arts Project called SCRAP. Tracy has been collecting scrap products, plastic, fabric, ribbons and lots more for £2 per box.</p>

They will be making garden ornaments, wishing wells, lighthouses and much more. All the items will be for sale. This will be opening on the 14 June to everyone. The project is aiming to work with the local community to look at voluntary placements for adults with learning difficulties and additional needs for 1 or 2 days per week.

Tom gave Tracy some money from Stronger Communities to help with the project.

7.







Carl Simpson – North Yorkshire Police

Carl came to talk about ‘Making and Keeping People Safe’. Some of the safe places are Selby Hub, Sherburn, Tadcaster and Selby library. Carl talked about the keep safe card and wrist band.

The group asked Carl lots of questions:

How do you report an incident to the Police?

- Ring 101, this is an automated response with lots of options to choose from. If you are not sure ring 999 or come down to the Police station. If there is no one there, there is a yellow box with a telephone inside. It is free to make a call and it will go straight to the control room. If there is any anti social behaviour try and ring while it is happening if it is safe to do so. The police have the powers to deal with problems and ban people from the area for up to 48 hours and then arrest. **DON'T EVER FEEL YOU ARE ON YOUR OWN.**

Are we wasting your time if we ring 101?

- No it is not wasting our time and we will pass you onto someone else if you have phoned the wrong place.



What happens when someone is arrested?

- You go into a small room with recording equipment with an appropriate adult and chat about what has happened. You will be asked your name and address and go through a risk assessment. They will read you your rights, you can have food and a drink of water. If you are questioned by the Police you can always have someone there to support you. Then they will make a decision.

Why do they take fingerprints?

- Everyone's fingerprints are different and can change if you have a cut on your finger, that is why they are taken every time you are questioned. Some people give someone else's name so they do not get into trouble. The fingerprints can tell if it is the right person.

Can we have a look around the police station?

Yes, you will need to contact Jackie Booth to arrange it.

- 'Open Arms' would like Jackie Booth to go and have a talk to them. Belinda will arrange the visit.

8.



Self Advocates Forum Feedback (see Sam's presentation)

The group met at Henshaws College in Knaresborough. They talked about the elections for the new Police and Crime Commissioner, this will be happening on 5 May. You have to register to be able to vote. Gina Allen talked about the Police and Crime Commissioners job. Everyone voted about what they thought North Yorkshire Police should do to help people with learning disabilities and autism to feel safe in the community. One of the

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concerns was; Police should be trained to deal with people with a learning disability and autism. Police should be working to reduce hate crime, mate crime and bullying.

Selby Advocates News (see Tom's presentation)

Self advocates have started some work helping NHS England to find out what people know about NHS 111 service. They have produced information about NHS 111 and want us to look at it to see if it works.

Safe places has been launched. Sam, Tony and Tom have been testing out the safe places in Selby to make sure staff are well trained and stickers are in the windows. They have received good feedback.

They have told people at Open Arms about safe places and how they can join.

Learning Disability England

The Housing & Support Alliance and People First England are joining together, they will be called Learning Disability England supporting people with learning disabilities, families and organisations. They want a world where people with learning disabilities and their families are valued, live full lives and are respected in the community. The group will be led by people with learning disabilities.

Sam Suttar, co chair of the self advocates forum attended media training with Learning Disability England in May. The launch is next week at the House of Lords.

Jane attended the Safer Selby meeting yesterday. The meetings are for people to give their opinions on how to make Selby safe, they will be held twice a year.

<p>10.</p>	 	<p><u>Health Task Group (see Tony's presentation)</u></p> <p>Julie Dodsworth is the Vice co-chair of the Health Task Group. Richard Dalby talked about the transforming care board and the plan they are working on. They are looking at having one service user representative from North Yorkshire to be on the Board.</p> <p>Tony gave a presentation about the hospital flagging system. There is no system in place to say a patient has autism and may need extra help.</p> <p>The group asked Tees Esk and Wear Valley Trust how many patients with a learning disability had made a complaint during 2014 to 15. There were no complaints made. If no one complains then nothing changes.</p>
<p>11.</p>		<p><u>Who can we invite to the Selby LAG meetings?</u></p> <p>The group would like to invite: Heather Kennedy from Selby Leisure, Castaways, Slimming World, Purple Patch, Steve Weston from Groundworks and Selby Senior Phab group.</p> <p><u>Why do we think people do not want to come?</u></p> <p>Some people might think it is scary. Tell people what we talk about, make a flyer, involve people from other consulting groups, advertise on the internet, newspapers and talking newspapers. Tony and the group are going to get some contact details for Belinda.</p>

<p>12.</p>		<p><u>What do we want to tell the Partnership Board?</u></p> <ul style="list-style-type: none"> • Stronger Communities and volunteering • Safe Places launch <p><u>Any other updates?</u></p> <p>Sara Farrar from the Department of Work and Pensions could not come to the meeting but she did send an update.</p> <p>The UC easy read leaflet via the link is now out of date and no further easy read publications are planned. The partner pack on Gov.uk (https://www.gov.uk/guidance/universal-credit-toolkit-for-partner-organisations) will help partners in supporting people with learning disabilities. DWP is setting up a national engagement group to talk to national organisations about how DWP can support their sector with UC products / information.</p>
<p>13.</p>		<p>Dates for future meetings in St Mary’s Church, Leeds Road, Selby: Wednesday 12 October 2016</p>

People who came to our meeting:

Jane Miles – Co-chair of the Selby and District Local Area Group
Tom Newton – Vice Co Chair
Tony Howden – Self Advocate Health Representative
Sam Sellers - Self Advocate
Kathleen Royd - Self Advocate
Henry Spence – Self Advocate
Shanna Carrell – Co Chair and Equality and Engagement Officer - NYCC
Tom Jenkinson - Stronger Communities Service Delivery Manager
Belinda Croce, Key Ring Self Advocacy Support
Steve Burke – Learning Disability Manager
Sarah Topping – Self Advocate
Sarah Lumley – Wilf Ward Family Trust
Heather McEvoy – Wilf Ward Family Trust
Bethany Hinchcliffe – Learning Disability Start
Pam Sale – Business Support Administrator – NYCC

Apologies:

Sara Farrar - Department for Work and Pensions
Lisa Metcalfe – Learning Disability Home Care Manager